



IPA 2

MODULE 4

Absenteeism and drop out prevention in ASD

Skills needed to be addressed in preventing school failure and absenteeism



SECTIONS OF THIS MODULE:

Teaching strategies with students with ASD has its own basis in the education principle of learning from success.
You can click on the following techniques to know more about them or see examples

Reasons or main causes

Internal

External

Effects and consequences

Internal

External

CAUSES OF DROP OUT:

Internal causes: first
signs



The student doesn't
show interest in the subjects,
neither in homework



Passive attitude
in class



Not actively
participating



Avoid collaborate
in working groups



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CAUSES OF DROP OUT:

Internal causes:
first signs



Patterns in
absences



Delay or being
late to school



Escape from
school



Reluctance to
attend school
trips



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CAUSES OF DROP OUT:

Internal causes:
first signs



Leave question
blanks in exams



They take longer
than peers to do
an activity



Evidence under
achievement



Lack
concentration

CAUSES OF DROP OUT:

Internal causes:
first signs



Isolation in
the class group



Avoidance of
class mates



Intimidation or
fear of being
bullied



Low self esteem
and lack of
confidence



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CAUSES OF DROP OUT:

Internal causes:
first signs



History of anxiety
within the family



Episodes of
self harm



Physical changes-
somatic feelings



Challenging
behaviors



ASD MAIN IMPAIRMENTS



**Social communication and
non verbal codes**



**Restricted interests and
cognitive rigidity**



**Hyper-hypo sensitivity and
anxiety**



**ASD DROP OUT
VULNERABILITY:**
Sensitivity and
differences in cognition

EDUCATIONAL STRATEGIES:
Specific effective strategies for students with ASD

EFFECTS OF ABSENTEEISM



Academic underachievement



Losing structure in their day and fewer routines



Lower self concept

**CONSTRUCTIVE
RELATION
PREVENTION**
Good relationship
with the family



Key factor in
overcoming
absenteeism

Early
contact



Addressing
school
drop out

Parent-Teacher
Collaboration



Shutdowns

HOW YOU CAN PERCEIVE ANXIOUS SITUATIONS FOR ASD STUDENTS

CLUES

Has he/her behavior changed?

Any unexpected situation has happened?

Isolate during breaks?

Irritation with a particular issue

ASD students may have problems to ask for help or even express their own feelings about overwhelmed situation



ANXIETY REGULATION STRATEGIES

HOW TO MAKE PRE- DICTABLE THE UNPREDICTABLE?

CLEAR EXPLANATIONS



Involve peers to
create support
circles on the
break routines

PLAYGROUND PROGRAMS



Organising a
range
of social activities

TIPS AND AGENDA



Giving tips to
understand and
planning lessons
and homework

EMOTIONAL SUPPORT



Peer mentors,
form tutors,
support staff

COORDINATION



Strong
communication
with families and
mental health
professionals

**ANXIETY
REGULATION
STRATEGIES
HELP TO REGULATE
YOURSELF
EMOTIONALLY**

**DESCRIPTIVE
LANGUAGE**



More descriptive words helps to identify the sensory issues

**VISUAL
SCALES**



Visual degree to gauge how much is too much for student comfort

DESENSITIZATION



Step by step approach may be necessary

ACCESS ADAPTATIONS AT CLASS

**BE CLEAR AND
PRECISE**



**Make explicit the
underlie
information**

TIME IS BACK



**Give time to
process
information**

**CHECK
UNDERSTANDING**



**Don't assume that
they have
understood, ask**

**SIMPLIFY
LANGUAGE**



**Use visual clues
and videos**

LINKS AND RESOURCES:

- 📄 **Drop out**
 - Helping autistic students not to drop out
 - School non attendance in students with autism
- 📄 **Test anxiety**
 - Exam stress. Tips for students
 - The stressed out infographic
 - How to cope with stress during exams
 - The impact of stress during exams
 - How to cope with exams anxiety
 - Test anxiety
 - Stress vs anxiety
- 📄 **Teaching Strategies**
 - Teaching Strategies to promote deep learning
 - Strategies to take into account in students with Learning Disabilities
 - Beyond the test. How teaching soft skills
 - Differentiated Instruction
 - Cope with test anxiety, students assistance

LINKS AND RESOURCES:

📄 **Interesting videos to think about drop out**

📄 **Drop out and Teaching Strategies**
Preventing school drop out

📄 **Bullying**
Stop bullying videos English and Spanish
Prevent sexting
Grooming awareness parents
Grooming story

📄 **Test anxiety**
Test anxiety video
Relaxation audios
Exam success relaxation
Exam stress relaxing strategies
How to stay calm under pressure

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